There's a Facebook group for people who hate cilantro with nearly 250,000 members

Where do you stand on cilantro?

Adobe

Anna Weaver September 27, 2019

It looks so innocuous, that green leafy herb resembling parsley. Yet to legions of people, cilantro (which is **called coriander** in some places in the world) is a foul, foul **food**.

Just ask the 246,000-plus people who are fans of the **I Hate Coriander** page. Warning: f-bombs abound, and the page is rife with pictures of people giving the plant the middle finger. Posts of memes and quotes

GREAT FOR GIFT GIVING

Picnic Basket Set

prime

$38.99

ON SALE!

3-in-1 Breakfast Station

prime

— such as **a fake quote from Mother Theresa** saying, “Love everyone equally. Except those that like Coriander.” — get hundreds if not thousands of likes from those who find the flavor beyond the pale.

Below is a typical post venting about the horrors of this herb:

The best way to prepare it? **Chop** it up, then drop it straight into the **trash**!

In case you’re confused about **coriander vs. cilantro**, in **North America**, cilantro refers to the leafy plant and coriander to the seeds of the same plant, which taste quite different. Elsewhere, coriander refers to both the leaf and the seeds of the cilantro plant. It’s also known as Chinese parsley.

Because the plant is known by several names, it has a few Facebook groups dedicated to hating the herb. The banner image for the I Hate Cilantro group says it all, though:

~~$59.99~~ **$54.99**

ON SALE!

Angry Mama Microwave Cleaner

prime

~~$8.99~~ **$7.99**

Recommended For You

I Hate Cilantro
about 5 years ago

~ #friendship

349 232 585

There have been some high-profile haters of cilantro. “Property Brothers” star Jonathan Scott has **revealed** his dislike, as did Julia Child, who once **said** it had a dead taste and that she would “pick it out if I saw it and throw it on the floor.” **Ina Garten** is in the “tastes like soap” camp. **Kim Kardashian** is anti-cilantro, too.

Though many people who dislike cilantro say it tastes like **soap**, to me, it tastes like I’m eating unwashed greens with some leftover **dead bugs** still clinging to the leaves.

Adobe Stock

An often-cited **New York Times article** in 2010 drew a lot of attention to the fact that **genetics**, chemistry, neurology and history play a role in cilantro aversion.

If you're of European descent, for instance, you are more likely to dislike it. In fact, an estimated 4-14% percent of people can't palate cilantro. Check out this **SciShow video** for a good explanation of its soapy taste.

Some **folks have written** about overcoming their cilantro dislike by slowly acclimating themselves to the taste. To that I say, why waste your precious food-eating time accepting this poison?! There are much better herbs to be had. Dill, tarragon, basil, rosemary ... sure, **chop** any of these into a dish. Anything but cilantro!

Now if only I could get more people on my anti-capers bandwagon, too.

Food

facebook

Related posts

Etsy is banning QAnon merchandise from its marketplace

This Service Is Like Amber Alert For Missing Pets

This mom's post about how much teachers care is going viral

Adorable photo of firefighter with little girl after crash goes viral

About the Author

Anna Weaver

Anna Weaver is a writer and multimedia journalist from Hawaii. Her two young kids keep her on her toes and hooked on online shopping. Anna's also a fan of movies, reading, photography, and sharing far too many IG stories about cute dogs and capybaras.

From our partners

Recommended by

Privacy Policy

Terms of Use

Scripps Media Trust

Center

Don't Waste Your

Money Reviews

RSS Feed

Simplemost Media is a E.W. Scripps Company brand
Copyright 2024 © Simplemost, All Rights Reserved.